



Lake Austin
SPA RESORT

RATES & INFORMATION

~ 2011 - 2012 ~



Awards & Honors

- #1 Rated Destination Spa, *Condé Nast Traveler* Readers' Choice Spa Poll, 2011, 2010, 2008
- #1 Rated Destination Spa, *Condé Nast Traveler* Gold List of World's Best Places to Stay, 2011, 2010, 2009
- #1 Rated Destination Spa, Zagat Survey, 2009/10
- Top 3 Best Mainland U.S. Small Resort, *Condé Nast Traveler* Readers' Choice Awards, 2009
- Top 10 Destination Spa in the World, *Travel + Leisure* World's Best Awards, 2011, 2010, 2009



Rates & Information 2011

With just 40 guest rooms, Lake Austin Spa Resort is large enough to provide everything you need, yet intimate enough to ensure the highly personalized spa escape you expect and deserve. Most importantly, we give you the freedom to do as much or as little as you'd like from our exceptional selection of activities, programs and spa services. From The Ultimate, a package that delivers our most extraordinary spa experience, to our Resort package with spa services and personal fitness instruction à la carte, Lake Austin Spa Resort has an all-inclusive option to fit your lifestyle. If you're ready for a lifestyle change, our Power of 7 program offers the support you need to achieve your goals. We invite you to explore our package options, then let our reservations staff help you create the customized spa escape of your dreams.

To create a truly relaxing and carefree experience, our packages include the following:

- Charming accommodations in one of 40 casually elegant guest rooms.
- Three healthy gourmet meals daily, plus snacks and non-alcoholic beverage bar featuring coffee, lemonade and herbal teas.
- Unlimited fitness and discovery programs from our schedule of approximately 20 activity options per day, including yoga, Nia dance, garden tours, indoor cycling, kayaking, stretch, kickboxing, nutrition classes, water workouts, Zumba®, circuit weight training, cooking demonstrations, Pilates and more!

WAYS TO SPEND YOUR DAYS

A wide variety of diverse activities, discovery classes, unique spa treatments and healthy, gourmet cuisine awaits you as a guest of Lake Austin Spa Resort. While each guest experience varies as the options are many, we have provided you with two “sample days” to help give you an idea of how you may spend your time with us. Whether you plan to slow down and relax, or to challenge yourself with invigorating activities – or a little of both – Lake Austin Spa Resort offers all the amenities, a beautiful natural setting and a genuinely friendly staff to create an idyllic stay.

AN EASYGOING DAY

- 8 am Sleep in or take a Tai Chi class.
- 9 am Enjoy a warm bowl of our organic oatmeal or a green chili and cheddar omelette.
- 10 am Have fun and express yourself in our Nia dance class, or enjoy nature while kayaking on Lake Austin.
- 11 am Refresh and rejuvenate tired feet with a Pomegranate Pedicure at the LakeHouse Spa.
- 12 pm Try a crisp panini sandwich on locally made ciabatta bread at the Aster Café.
- 1 pm Get inspired with healthy cooking tips from our chefs in a cooking demonstration.
- 2 pm Relax with a nap or a daydream in one of our lakeside hammocks.
- 3 pm Kick back and take in the view with a boat cruise on beautiful Lake Austin.
- 4 pm Breathe deeply and slow down in a Gentle Yoga or Meditation class.
- 6 pm Dine on walnut-crusted trout, cappelini caprese or rosemary grilled lamb chops, in your robe, in our casual dining room, or in your room.
- 7 pm Relax in the Garden Library with a good book, or have a leisurely soak in a whirlpool at the LakeHouse Spa.
- 8:30 pm Drift off to a lavender-scented dreamland with a Texas Starry Night massage.

AN ACTIVE DAY

- 7 am Experience the power, strength, balance and grace of paddle boarding on Lake Austin with a private lesson.
- 8 am Help yourself to seasonal fresh fruits from our breakfast bar with an order of whole wheat blueberry pancakes.
- 9 am For an off-road adventure, head to the trail for our guided morning hike.
- 11 am Stimulate your energy flow with a Thai Massage.
- 12 pm Sink your teeth into a Hacienda burger with BBQ sauce, caramelized onions and Monterey Jack cheese (but save room for the frozen yogurt).
- 1 pm Keep your body moving with a Hydro Bike™ workout on Lake Austin.
- 2 pm Make a splash in a Waterworks class in our Junior Olympic-length indoor pool.
- 3 pm Build strength with a Pilates Matwork or BODYPUMP® class.
- 5 pm Get the latest scoop on healthy eating in a nutrition lecture with our licensed dietitian.
- 6 pm Dine lakeside and meet other guests at the Friendship Table.
- 7 pm Take a walk along the scenic shores of Lake Austin and through our organic gardens where there’s always something in bloom.
- 8 pm Brush up your bluffing skills with a lesson in Texas Hold ’Em poker.
- 9:30 pm Complete your evening with a steam or sauna in the LakeHouse Spa.

Please note that our sample days are listed as suggestions only. The schedule of activities available during your stay will be posted on our website at lakeaustin.com at least three weeks prior to your arrival. Upon check-in, the most current list of scheduled activities will be provided. Please keep in mind that all activities and menu offerings are subject to change. Our staff will be delighted to help design a personalized experience just for you.

Flat panel LCD TVs with
DVD Players

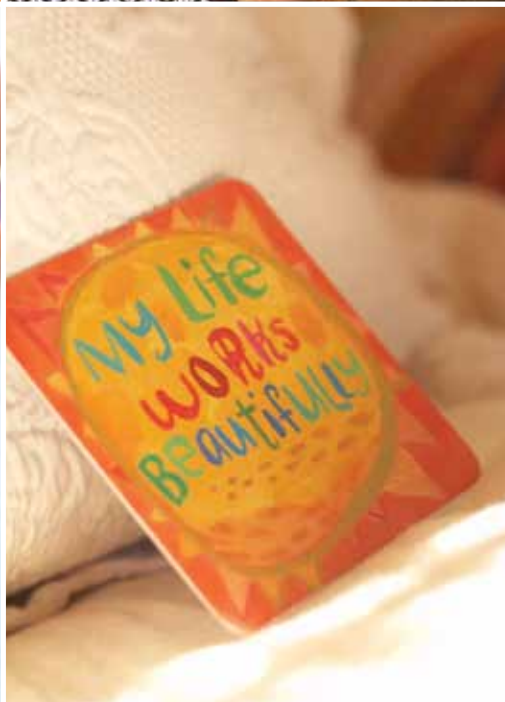
High Definition cable
programming

Wi-Fi

iPod docking stations

Refrigerators in each room

In-room safes



Egyptian cotton sheets

Handcrafted afghan throws

Original photography
and artwork

Eco-friendly paint

Custom-made furniture

Plush cotton robes

Signature Lavender Fields bath
amenities

Soaking tubs

Fresh cut flowers

Nightly turn-down service



ROOM TYPES

Lake Austin Spa Resort's intimate environment has just 40 guest rooms, and we've gone to great lengths to make every one of them a soothing, graceful space of casual elegance. Expressing the vision of co-owner Mike McAdams and designed by one of the world's finest interior design firms, our award-winning rooms are meticulously finished to deliver comfort, convenience and beauty.

Signature Room

Perfect for the family or friends who choose to share a room.

- ▣ 2 queen-size beds
- ▣ Sunlit bathroom with Kohler soaking tub
- ▣ 2 spacious closets
- ▣ Remote-controlled ceiling fans

Premier Garden Cabin

Private cottages for your getaway with friends or a romantic retreat.

- ▣ 2 queen-size beds or 1 king-size bed
- ▣ Sunlit bathroom
- ▣ Spacious closet
- ▣ Select cabins may include whirlpool bathtub, fireplace, private garden or outdoor private hot tub (hot tub charges apply).

Premier Lakeview Room

Perfect for those wanting a stunning view overlooking Lake Austin.

- ▣ 2 full-size beds or 1 king-size bed
- ▣ Remote-controlled ceiling fans
- ▣ Stunning view of peaceful Lake Austin
- ▣ Sunlit bathroom with Kohler soaking tub

Premier Garden Room

For those who are looking for a private, peaceful stay.

- ▣ 1 queen-size bed
- ▣ Overstuffed reading chairs and ottomans
- ▣ Sunlit bathroom with Kohler stepping tub
- ▣ Private, Japanese meditation garden located behind the room
- ▣ Exceptional view of the organic gardens

Lady Bird Suite

For those guests who want to experience our very best.

Our beautiful Lady Bird Suite, named in honor of the former First Lady and one of Texas' most beloved citizens, is our most spacious and versatile accommodation. It includes a living room, fireplace, private garden and outdoor hot tub.

This breath-taking suite has been meticulously appointed with:

- ▣ 2 custom designed, canopy queen-size beds
- ▣ Hand-chosen, fine antiques
- ▣ Artwork crafted by local artists
- ▣ Spacious bathroom with double sinks
- ▣ Comfortable, slip-covered, over-stuffed chairs
- ▣ Velvet, classic sofa
- ▣ Dining table

SPECIAL PACKAGES

Seasonal Specials

Please call 800-847-5637 or visit our website at lakeaustin.com for seasonal specials, activities and events.

The Power of 7 Program

Our Power of 7 Program gives you the power to change your life, with a program designed just for you by your own Personal Power team of experts in fitness, rejuvenation and more. Together, we'll create a week-long program of spa treatments, fitness classes and special activities customized with your goals in mind. You'll also receive a take-home plan and follow-up phone visits.

Family Refresher Packages

Lake Austin Spa Resort is an ideal setting for family retreats. Share some quality time while enjoying the fabulous amenities we have to offer, including our fitness activities, discovery programs and workshops. We also offer special weeks throughout the year for mothers and daughters to bond.

Group Retreats

Lake Austin Spa Resort is known for creating the perfect environment for a group getaway at a great value – with savings of up to 40% for groups of 6 or more. Whether it is a group of friends, family members or business associates, we will create a special package for your group.

A Month by the Lake

Join us for a month-long escape available at an exceptional value. Whether you are looking to accomplish specific health and fitness goals, or simply in need of an extended retreat, our spa and fitness professionals can help you achieve your goals.

Nightly Room Rates

Nightly room rates are available on a limited basis. All rates include Signature or Premier accommodations, delicious, healthy gourmet meals, and unlimited fitness classes, activities and discovery programs.



Named in honor of the beautiful butterflies that return to Lake Austin Spa Resort each year, the Monarch Club is our way to show our appreciation to our return guests. By joining, you will receive exclusive membership benefits such as exclusive offers. Learn more and enroll at lakeaustin.com/monarchclub.

RESERVATIONS AND GENERAL INFORMATION

Deposit and Cancellation Policy

Reserve your space with a \$500 prepayment at the time of booking to guarantee your reservation. If you cancel 30 days or more prior to your scheduled arrival, your entire prepayment will be refunded. Prepayments for reservations cancelled 15–29 days in advance of arrival will be held for one year for a future overnight stay. If cancellation is made 14 days or less prior to arrival, your entire prepayment will be forfeited. No refunds will be made for early departure, and gift certificates are non-refundable. Any changes to arrival or departure dates are considered cancellations and are subject to the above policy.

We accept MasterCard, VISA, American Express, Discover, Diners Club and personal checks in U.S. dollars. Guests must be at least 14 years old. Guests under 18 must be accompanied by an adult.

Pet Policy

We understand that your pet is part of your family, and your dog is welcome at Lake Austin Spa Resort. A \$300 pet guest fee and reservations in garden cottage accommodations are required.

Alcohol

Lake Austin Spa Resort serves fine wines and beer. Our culinary team has selected a variety of wines and beer that will bring an added dimension to our award-winning spa cuisine. Guests are not permitted to bring their own alcoholic beverages into our dining facilities or public areas. However, you may bring alcohol for consumption in your guest room. Alcohol is not permitted in the LakeHouse Spa.

Smoking and Cell Phones

Smoking is permitted only in outdoor, non-public areas. In order to maintain a relaxing environment for all our guests, please restrict cell phone and pager use to the privacy of a guest room.

For reservations and more information on special packages call 1-800-847-5637 or visit our website at lakeaustin.com.

PACKAGE RATES

Rates are per person and are subject to change without notice. Rates do not include service charges and applicable taxes.

Spa and fitness allowances are good for spa services, personal fitness instruction and salon services only. Allowances are not valid in boutiques and cannot be carried over, refunded, shared or applied to your package price.



	RESORT	SPA REFRESHER	THE ULTIMATE
3 THREE-NIGHT PACKAGE OPTIONS	SIGNATURE ROOM Double \$1,720 Private \$2,115	SIGNATURE ROOM Double \$2,025 Private \$2,400	SIGNATURE ROOM Double \$2,285 Private \$2,680
	PREMIER ROOM Double \$2,130 Private \$2,635	PREMIER ROOM Double \$2,430 Private \$2,940	PREMIER ROOM Double \$2,715 Private \$3,230
SPA & FITNESS ALLOWANCE	Spa & fitness services à la carte	Includes \$350 spa & fitness allowance	Includes \$665 spa & fitness allowance
4 FOUR-NIGHT PACKAGE OPTIONS	SIGNATURE ROOM Double \$2,240 Private \$2,755	SIGNATURE ROOM Double \$2,730 Private \$3,255	SIGNATURE ROOM Double \$3,145 Private \$3,670
	PREMIER ROOM Double \$2,775 Private \$3,450	PREMIER ROOM Double \$3,280 Private \$3,960	PREMIER ROOM Double \$3,735 Private \$4,405
SPA & FITNESS ALLOWANCE	Spa & fitness services à la carte	Includes \$600 spa & fitness allowance	Includes \$1,065 spa & fitness allowance
5 FIVE-NIGHT PACKAGE OPTIONS	SIGNATURE ROOM Double \$2,725 Private \$3,380	SIGNATURE ROOM Double \$3,355 Private \$4,005	SIGNATURE ROOM Double \$3,780 Private \$4,435
	PREMIER ROOM Double \$3,395 Private \$4,245	PREMIER ROOM Double \$4,035 Private \$4,885	PREMIER ROOM Double \$4,485 Private \$5,335
SPA & FITNESS ALLOWANCE	Spa & fitness services à la carte	Includes \$700 spa & fitness allowance	Includes \$1,185 spa & fitness allowance
6 SIX-NIGHT PACKAGE OPTIONS	SIGNATURE ROOM Double \$3,195 Private \$3,970	SIGNATURE ROOM Double \$3,955 Private \$4,735	SIGNATURE ROOM Double \$4,580 Private \$5,365
	PREMIER ROOM Double \$3,990 Private \$5,015	PREMIER ROOM Double \$4,770 Private \$5,790	PREMIER ROOM Double \$5,435 Private \$6,460
SPA & FITNESS ALLOWANCE	Spa & fitness services à la carte	Includes \$840 spa & fitness allowance	Includes \$1,550 spa & fitness allowance
7 SEVEN-NIGHT PACKAGE OPTIONS	SIGNATURE ROOM Double \$3,390 Private \$4,430	SIGNATURE ROOM Double \$4,570 Private \$5,565	SIGNATURE ROOM Double \$5,120 Private \$6,085
	PREMIER ROOM Double \$4,250 Private \$5,800	PREMIER ROOM Double \$5,460 Private \$6,965	PREMIER ROOM Double \$6,030 Private \$7,485
SPA & FITNESS ALLOWANCE	Spa & fitness services à la carte	Includes \$1,265 spa & fitness allowance	Includes \$1,895 spa & fitness allowance



For driving directions visit lakeaustin.com.



LAKE AUSTIN
SPA RESORT

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